

# Social Enterprise

# Autumn/Winter Buffet Menu 2024









The Marylebone Project is a Registered Social Landlord set up through a partnership between Church Army and the Portman House Trust. We provide 112 long and short-term beds to homeless women. Whatever their story, we aim for the same ending; self-esteem, employment and independent living. We do this by providing shelter, emotional support, education opportunities, spiritual space, and events in a welcoming and secure environment.

At Made in Marylebone we run two social enterprises, Munch in Marylebone and Space in Marylebone. Our mission is to run sustainable businesses which equip the women at the Marylebone Project with the skills and training needed to gain employment, as well as to support the overall aims of the Marylebone Project.

Munch in Marylebone is our catering business, providing delicious homemade food for lunches and events. Our food is freshly prepared by our professional chef and a team of women from the project.

Some of the dishes on our menu are recipes that have been inspired by the women, which have come from all over the world.

Space provides three meeting rooms in the heart of London. Our rooms are versatile and can host any kind of meeting or event for up to 50 people.









# Munch Lunch

#### MUNCH IN MARYLEBONE







# Sandwiches

### Meat/Fish

Roast Harrisa Chicken & Red Slaw Wrap Gluten (wheat), milk, egg, mustard, sulphites \*May contain: barley ,rye, spelt, oats, sesame, celery \*

Pork & Apple Sage Stuffing Roll

mustard mayo Gluten (wheat), sulphites, milk, egg, mustard \*May contain: barley, eggs, milk, oats, rye, soya, sesame, celery\*

> Beef & Stilton Cheese Sandwich Gluten (wheat, barley, oats, rye), soya, milk \*May contain: sesame, celery\*

#### Sustainable Prawn & Chargrilled Pepper Petit Pain

guacamole Gluten (wheat), crustaceans \*May contain: sesame, celery\*

### Vegetarian

Spiced Beetroot, Bean & Sweet Potato Wrap (V) mint & turmeric yoghurt Gluten (wheat), milk \*May contain: rye, spelt, barley, oats, soya, nuts, peanuts, sesame, mustard, celery, sulphites\*

Cheshire White Cheese & Fig Chutney Petit Pain (V)

Gluten (wheat), milk, sulphites \*May contain: sesame, celery\*

## Vegan

Thai Spiced Quorn Roll (VG) carrot, spring onion, cos lettuce Gluten (wheat), sesame, mustard, celery \*May contain: sesame, celery, rye, barley, oats, spelt. milk, soya\*

#### Plant-based Soft Cheese, Mushroom (VG) & Chestnut Sandwich

Gluten (wheat, barley, oats, rye), nuts, peanuts, soya, sulphites \*May contain: sesame, celery, other nuts, peanuts\*

Please note menu ingredients can be subject to change

# All food is prepared in one kitchen, therefore may contain traces of other allergens.

The menu can be adapted to dietary needs.

(V) - Vegetarian (VG) - Vegan (GF) - Gluten-free



# Munch Lunch

#### MUNCH IN MARYLEBONE







# Salads

Green Leafy Salad (V) (GF)

honey mustard dressing sulphites, mustard, soya \*May contain: sesame, celery\*

#### Beetroot, Apple & Pumpkin Seed Salad (V)

honey balsamic dressing sulphites \*May contain: barley, spelt, celery, sesame, nuts, peanuts\*

#### Grilled Cauliflower, Lentil & Carrot Salad (VG) (GF)

fennel seeds \*May contain: sesame, celery\*

#### Orzo, Roast Squash & Cranberry Salad (VG)

Gluten (wheat), oats, mustard, sulphites, nuts (almonds) \*May contain: barley, spelt, sesame, celery\*

Fancy adding Feta Cheese or Chicken to your buffet salad box £1.00 per person + VAT

## Dessert

Chocolate Brownie (V) Gluten (wheat), egg, soya, milk

Cherry, Orange & Almond Cake (V)

Gluten (wheat), egg, milk, nuts (almonds) \*May contain: other nuts and peanuts\*

Carrot, Ginger & Mixed Spice Cake (VG) Gluten (wheat), sulphites\*

Fresh Fruit Platter (VG)

## **Prices**

#### Lunch Buffet Box Option A:

Please select 2 sandwich choices and 1 salad choice  $\pm$  11.95 per person + VAT

#### Lunch Buffet Box Option B:

Please select 3 sandwich choices and 2 salad choices £13.95 per person + VAT

> Please note, lunches are served buffet style, we cannot cater for individual orders.

> The menu can be adapted to dietary needs.

Fancy adding a little something extra? A minimum order of 5 pieces for each type of cake.

Extra salad or sandwich option: £2.95 per person + VAT Dessert option (excl. Fruit Platter): £2.95 per person + VAT Fruit platter: £35.00 per platter + VAT - for up to 20 people

Soft drinks: Please enquire about prices and selection

# Thank you!

By ordering from us, you are supporting the Marylebone Project, a charity which empowers homeless women towards independent living.

### Allergies

Please let us know of any allergies or dietary requirements when you place your order. Please note all our food is prepared in one kitchen, therefore food may contain traces of other allergens.

### Orders

Please note, due to popularity two weeks or more notice is requested for orders to a maximum of 50 people.

Orders can be changed up to 5 working days before the event.

After this period, every endeavour will be made to accommodate requests, but may also be subject to price changes.

Due to the nature of the Marylebone Project, we are unable to provide alcoholic beverages for meetings and events.

## Cancellation policy

If a cancellation is made within 5 working days of the booking, the full amount will be charged.

## Delivery

We can deliver our food anywhere in London Zones 1 and 2. Delivery is charged based on location and size of order, please contact us for a quote.

### Contact

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